Table 1: Demographic characteristics of people with stroke

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| Demographic Variables (N=47) | Mean (SD) / Number (%) |
| Age (Years) | 55.73 (12.1) |
| Gender (Male/Female) | 32 (68) / 15 (32) |
| Type of lesion (Ischemic/Hemorrhagic) | 29 (62) / 18 (38) |
| Side of hemiplegia (Right/Left) | 17 (36) / 30 (64) |
| Post stroke duration (Months) | 12.06 (10.3) |
| Brunnstrom recovery stage (1-6) | 3.62 (0.47) |
| Walk Ability (Independent/ Walking Aid) | 30 (64) /17 (36) |
| Height (cm) | 167.8 (9.6) |
| Weight (kg) | 71.2 (9.6) |
| BMI (kg/m2) | 25.2(3.2) |